



trinity tidings

Volume 54 – No. 5

May 2025

Church Office Hours:
Mondays thru Thursdays 9:00 - 12:00 PM
Closed on Fridays

The Rev. Althea Seidel, Pastor (pastoralthea3@gmail.com)
Stephanie Kaylor, Newsletter Editor (stephanie@trinityleb.org)
Visit us on the web at www.trinityleb.org

trinity tidings is the newsletter of Holy Trinity Lutheran Church, 723 Lehman Street, Lebanon, PA 17046

Grounded in Gratitude

I am thankful that I have been here at Holy Trinity for one year now! May is also my seventh anniversary of ordination. I am especially grateful this May for all the blessings in my life this year in and around our congregation and our ministry. Here's a list of 10 things I am thankful for at Holy Trinity this past year and as we look ahead:

1. God who is with us and continues to move among us. God who is bigger than the world. The Holy Spirit guides us and speaks God's love to us when we need it most.
2. The time and energy our Call Committee and Council took to search and meet with candidates including myself and the prayerful Spirit-led process where we all have matched together for ministry.
3. The wonderful and dedicated staff who work hard to make our ministry possible day to day.
4. Our leaders and members in our many ministry teams and committees which plan and execute lots of outreach and programming each year.
5. Our many members and



FROM THE PASTOR



those who take time to volunteer for all kinds of things!

6. All the time, energy, and money we give back generously to the Lord so

that God may continue to use us and our blessings to bless others!

7. Our large building and the opportunity to use it for lots of ministries.

8. Our flowering trees on the parking lot in the spring and their shade in the summertime.

9. We have the ability to have a sense of humor and laugh together, but also to be serious and trust one another in times of crisis or struggle.

Continued on page 2



Continued from page 1, From The Pastor

10. Our youth and families and the joy they bring to our congregation and their future careers and work in the world.

Most of us have had a chance to get to know one another and I continue to meet a few others as I go on visits this spring and summer. We have a great church family here and everyone cares for one another especially during our struggles. It is also fitting to speak about gratitude as the Women of the Evangelical Lutheran Church in America (WELCA) celebrate gratitude this month with a Thanksoffering Service on Sunday, May 11, 2025.

We are all called to gratitude and we can all benefit from it! Many forms of support in our society speak to how beneficial it is to learn gratitude. One of the programs I used to be more active in is Al-Anon. Al Anon is support and hope for families and friends of people struggling with addiction. Gratitude is included in part of the recovery process for all kinds of addiction and family programs. A statement from the Al-Anon Family Groups website says, "Even the darkest of moments can be faced with a grateful heart, if not for the crisis itself, at least for the growth it can evoke with the help of our Higher Power...crises, while challenging, can ultimately lead to personal growth and a strengthening of one's connection with a Higher Power." Whether we experience addiction or not, we all have times when we learn to grow from life's situations and lean on our Lord for guidance and peace while we also give thanks.

In the medical community, there are also increasing numbers of studies showing how beneficial positivity and gratitude are for us. Harvard Medical School states, "Recent research has pointed to gratitude's myriad positive health effects, including greater emotional and social well-being, better sleep quality, lower depression risks, and favorable markers of cardiovascular health. Now, new data from the long-term Nurses' Health Study shows that it may extend lives (2024)."

In our faith community and in faith communities of the past (according to Paul's epistles), we see how important it is to give gratitude to our Lord for the blessings in our lives. From Colossians 3:14-16: "Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let

the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God." Paul knew how beneficial gratitude is and that was 2000 years ago before modern psychology and scientific research!

All in all, whether we think about our bodies, our minds, or our spiritual well-being, I challenge all of us throughout May to keep listing 3 to 5 things per day that we are thankful for! Stephanie also made us a bulletin board in the office hallway to express gratitude as a faith community. Listing the things we are thankful for changes our mindset and reminds us to give thanks in our prayers for all that God provides for us.

Peace,

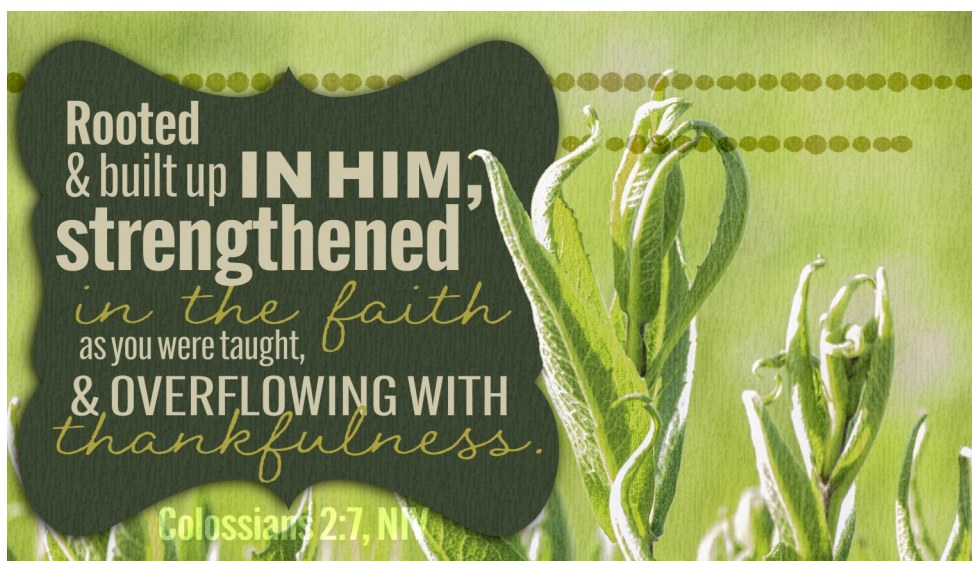


Pastor Althea

Web resource credit:

"Al-Anon Slogans" 2025. Al-Anon Family Groups notes. From: <https://al-anon.org/for-members/members-resources/literature/al-anon-slogans/>

"Gratitude enhances health, brings happiness and may even lengthen lives" 2024, September 11. Harvard Health Publishing: Harvard Medical School. From: <https://www.health.harvard.edu/blog/gratitude-enhances-health-brings-happiness-and-may-even-lengthen-lives-202409113071>



Church Council Members

Neal Galbraith (*President*)

Louise Lundquist (*Vice President*)

Nancy Brightbill (*Secretary*)

Brad Bishop (*Church Treasurer*)

Kathy Bishop

Jay Brown

Karen Fitting

Pam Gainer

Heidi Gerver

Jessie Green

Renee Hunter

Lynn Kern

Henry Wampler



Committee Chair Persons

Worship & Music:

Paul Copenhagen

Finance:

Horace Ehrgood

Christian Education:

Elizabeth Hershey

Property:

Henry Wampler

Archives:

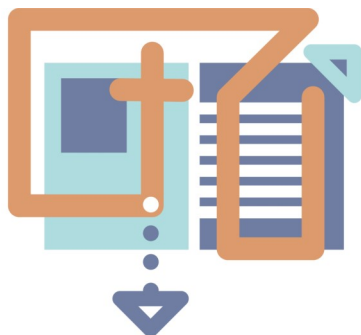
Open

Social Ministry:

Jim Dibert

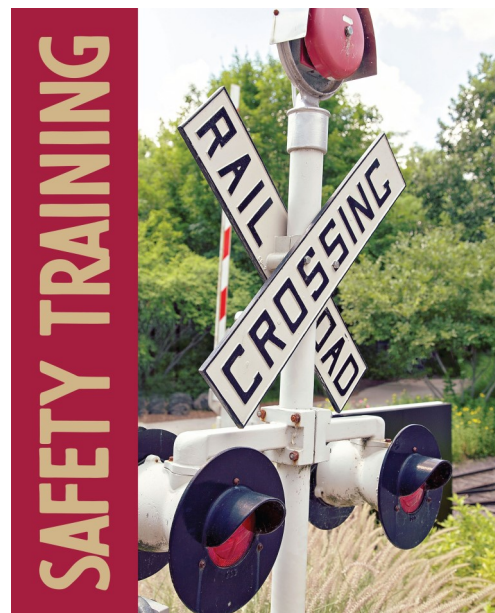
Social Activities:

Stephanie Kaylor



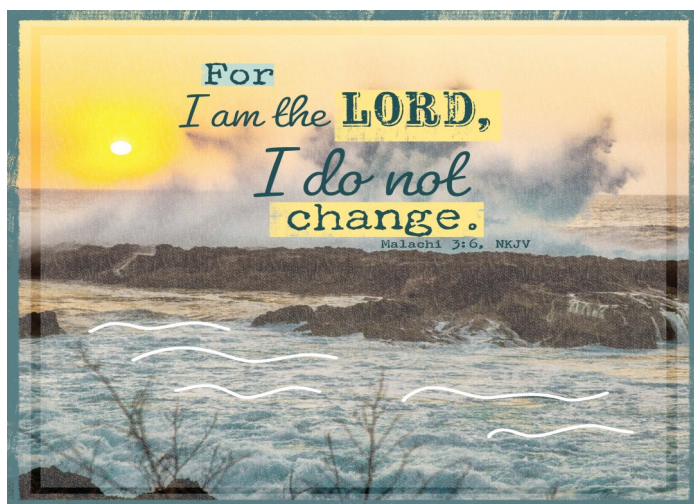
Summer Lunch and Learn

Our Lenten lunches were a big hit! Please join Pastor Althea for food, fellowship, and faith discussion at noon on Wednesdays in June and July. Bring your lunch! Bring a friend! All are welcome even if you cannot attend all of them.



SPECIAL TRAINING FOR EMERGENCIES WITH PASTOR ALTHEA

In 2024, I took "Active Shooter Response Training" with the Department of Homeland Security. Although, it was a bit traumatic to consider violence taking place in a place of worship, I appreciated all it taught me. In conversation with our Council and others, leaders here would appreciate having some similar training for purposes of worship and seeing strangers in or around our building. The training also applies to violent encounters in any public space. I feel it would be beneficial for our staff, worship leaders, ushers, property team, and anyone else who wishes to have this training attend. It will be an opportunity to discuss our specific context and the emergency response we wish to have too. We will gather **after worship on Sunday, June 22, 2025**, for brunch and training, followed by a brief discussion in our sanctuary. Please sign-up on the welcome tables in either lobby. See Pastor if you have any questions or concerns.



WORSHIP *with us*

May Worship Schedule

May 4, 11, 18, and 25

9:00 AM—Traditional Service

10:15 AM— Sunday School for
all ages



Online Worship Service:

Our online worship will continue to be available. You can find the service by going to <https://www.trinityleb.org/links>. Here you will find links to the live-stream, the bulletin, and the replay of the service so that you can watch at any time you wish during the week.

Inclement Weather Policy: If Church is going to be cancelled due to weather, it will be posted on our website page: www.trinityleb.org. Don't forget to refresh your browser when viewing the website. You can also find information on our Facebook page: facebook.com/htlclebanonpa. The decision will be made by 7 p.m. the Saturday prior to service.

Prayer Partners

If you would like your name added to the list for prayer, please call the church office, 717-273-8567 or email at stephanie@trinityleb.org.

If you no longer wish to be included in the prayer update list, please let the Church Office know to remove your name.

We ask our readers to include the following people in their prayers:

Becky, Bryan Albright, Barb Atwood, Bev Birch, Marian Brandt, Terry Clearwater, The Family of Elzy Ditzler, Deb Dobson, Susie Eckert, Dan Fox, Lohla, Mo Gockley, Mike and Nancy Hentz, Patty Hess, Joette Hollinger, Jamie Johnson, Jim & Judi Light, Rachel, The Family of Betty Reese, George Smith, Marie Smith, Ernie Thompson, Nancy Warner, and Mary Yeagley in our prayers.



Our Vision...Our mission is to grow in faith and discipleship, share the Good News of Jesus through word and deed, love others as Christ loves us, and celebrate life in Christ through worship, sacraments and service.

Our Mission...We are a community of believers who come together in:

✠ **Worship** to be transformed by the presence of Jesus Christ in and through God's gift of Word and Sacrament.

✠ **Christian Education** to deepen our faith and strengthen us in faithful service, trusting in the creative activity of the Holy Spirit.

✠ **Friendship** to celebrate our unity in Christ and sustain and nurture each other as we journey with Him in our day-to-day lives.

✠ **Stewardship** to gratefully use the time, talents and possessions we have been given in furthering our mission in response to Jesus' call and the leading of the Holy Spirit.

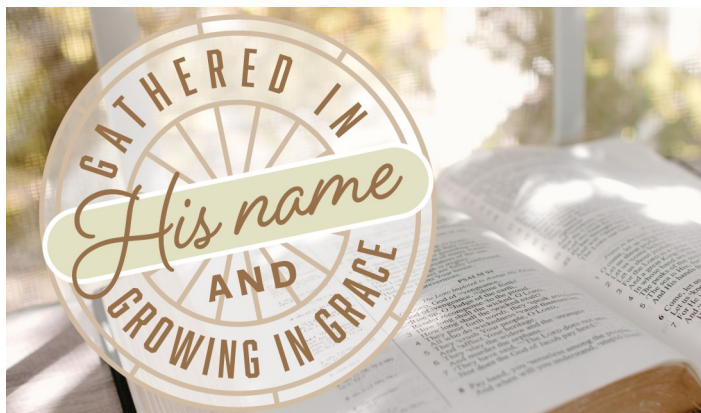
✠ **Evangelism** to share the Jesus story so that others may come to know God's reconciling grace and the peace, joy and hope that his divine grace gives.

✠ **Social Ministry** to respond to the spiritual, mental and physical needs of our neighbors and advocate for the poor, hungry and vulnerable peoples of the world.



Elzalena Ditzler

April 15, 2025





LCCM Food Bank Item

The items requested in May is **coffee, tea, and creamer.**

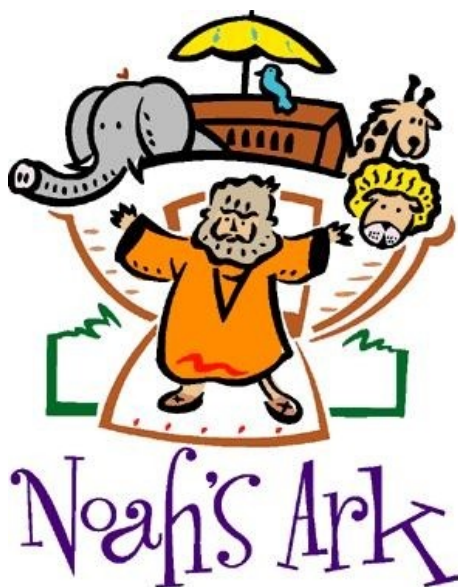
Items can be brought to the church at any time and placed in the red shopping cart labeled **"LCCM Food Bank"** located in THE GIVING PLACE (Arnold St. side annex of Luther's Place).

Please continue your generosity by continuing to donate to the Food Bank. Your donations are greatly needed and appreciated.

Donation Item

The items requested in May are **tuna, bottled water and deodorant.**

Items can be brought to the church at any time and placed in the bin labeled **"SHARE & CARE"** located in THE GIVING PLACE (Arnold St. side annex of Luther's Place).



Thank you! Because of your generosity, the 2025 Noah's Ark Campaign goal was realized and doubled! We collected \$2040 in donations for the purchase of 2 abundant community gifts. Thank you for being God's instrument of kindness and generosity by making these gifts a reality for families in need. Together we can fight hunger and transform lives. Together we can accomplish great things in the name of God's love.

CAN YOU HELP?

Aluminum Can Collection

The church continues to collect aluminum cans for recycling. Please bring the aluminum cans (**rinsed & flattened**) to the church weekdays during church office hours, or bring them along to church, Sunday School, or any other church function. A container for them is located in THE GIVING PLACE (Arnold St. side annex of Luther's Place).

Medical Equipment & Supplies

We have a small lending "library" of equipment and new medical supplies that are available for use by members of Holy Trinity. Some of the items include: wheelchairs, shower chairs, medical bed, pads for beds, adult diapers, and more. These items are available at no cost to you. If you have a need or would like to donate an item, please contact the Church Office at 717-273-8567.



**The Lutheran Camping Corporation
of Central Pennsylvania**
Kirchenwald, Nawakwa, & The Wittel Farm

Upcoming Events:

May 3: Work Day at Kirchenwald

May 18: Summer Camp Kick-off Worship & Picnic at Nawakwa

June 16: Summer Camp begins at Kirchenwald & Nawakwa

July 6-11: Elder Camp at Nawakwa

July 13-18: July Family Camp at Nawakwa

For more information, please visit:
www.lutherancamping.org



Upcoming Events:

Monday, May 5: Warbler Walk #1 by Obie Road & Michner's Road - Meet at 7:30 a.m. at Old Rexmont Dam parking lot near horse corrals. Leader: Jim Fiorentino 717-269-0675

Wednesday, May 7: Warbler Walk #2 at SGL 156 by Cornwall Fire Tower Area - Meet 7:30 a.m. at SGL parking lot along Rt. 322. Leader: Jim Fiorentino 717-269-0675

Friday, May 9: Warbler Walk #3 at SGL 211 Cold Springs and Stony Valley - Meet at 7:30 a.m. at Memorial Lake upper parking lot. Leader: Jim Fiorentino 717-269-0675

Monday, May 12: Spring Field Birds at SGL 145 - Observation of resident and migratory birds. Meet at 8 a.m. at SGL parking lot near white barn off Epler Road. Leader: Bob Peda 954-551-9055

Saturday, May 17: LVRT at Jonestown - Observation of flora and fauna. Meet at 9 a.m. at the Jonestown trailhead. Leader: Fritz Heilman 717-273-0487



GET YOUR GEAR TODAY!



[STORES.CRSAPPAREL.COM/HTLC](https://stores.crsapparel.com/HTLC)

Scan the code with
your phone's camera!



From the Archives: Building of the Church

*This is the second in a series of articles featuring the 1954 build.
The photos were graciously donated to Holy Trinity by the late, Jim Rittle.*



Homes at Spruce and Lehman Streets, looking northeast, prior to demolition

1924-built Church group photo

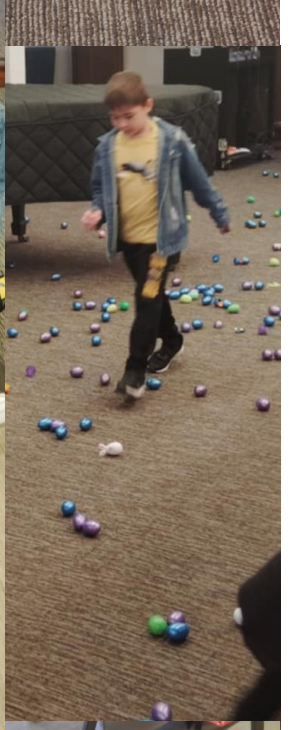


Building Fund progress chart

PALM *Sunday*

PICTURES





Women of the ELCA

What is WELCA? It's an easy way to say Women of the Evangelical Lutheran Church in America.

Quite a mouthful, we know. Our organization includes Lutheran women who gather in more than 4,500 locations in the U.S. and the Caribbean for service, study, advocacy, fellowship and more! WELCA embraces all kinds of ministries that support our mission of mobilizing women to act boldly on their faith in Jesus Christ. There is a place for you in Women of the ELCA.

OUR MISSION: Mobilizing women to act boldly on their faith in Jesus Christ.

OUR PURPOSE: As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world.

In Women of the ELCA, you will find:

- Support on your faith journey
- Opportunities to serve and make a difference in your community and around the world
- A community of women that prays together
- Bible study
- The joy of growing in faith and friendship

LOCAL PROJECTS

The WELCA group at Holy Trinity is involved in our community, both locally and globally. Some of our projects include DVI and AGAPE ingathering, School Kits, Health Kits, Christmas gifts for the residents at the VA Medical Center, and more.

FOR MORE INFORMATION

We meet the third Wednesday of the month at 6 p.m. You can find us on the second floor. We are located in the first room on your right. We meet monthly with the exception of July. If you have questions, please contact Jessie Green at 717-383-7388 or Carole Koehler at 717-926-4390.



Upcoming Meetings:

May 21 • June 18
August 20 • September 17
October 15 • November 19
December 10



The Lebanon County Choral Society
presents

*All Things
Bright and
Beautiful*
featuring
Songs of Creation

www.LCCSmusic.org

Holy Trinity Lutheran Church
723 Lehman Street, Lebanon

Sunday, May 18, 2025, at 3:00 PM

Adults: \$15 in advance or \$18 at the door
Students: \$3; Group discounts available

This project was supported by the Pennsylvania Council on the Arts, a state agency, through the Pennsylvania Partners in the Arts (PPA), its regional arts funding Partnership. State government funding comes through an annual appropriation by Pennsylvania's General Assembly and from the National Endowment for the Arts, a federal agency. PPA is administered in this region by The Foundation for Enhancing Communities.



Quittapahilla Audubon Society 39th Annual Banquet

Tuesday, May 20, 2025-- Dinner will be served at 6:30 p.m.

Hebron Banquet Hall, 701 East Walnut Street (Route 422), Lebanon, PA 17042

Reservations Required

Banquet Menu Served Buffet Style

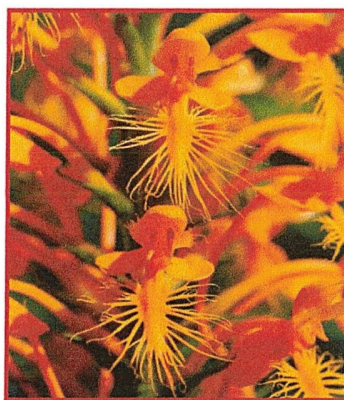
Garden Salad, Sliced Roast Beef, Potato Filling Stuffed Chicken Breast,

Roasted Red Potatoes, Glazed Carrots, Dinner Rolls

Assorted Desserts, Assorted Hot and Cold Beverages

The Wonderful World of Native Orchids

David Hand



David Hand is a nature photographer and naturalist who lives in western Schuylkill County, Pennsylvania, along with his wife Beverly of 40 years, and their 2 dogs, Maddie and Sam. His many interests include photographing native orchids. He also spends many hours in the field studying and observing the relationship between insects and orchids, including pollination. David will be showing many pictures of our native orchids he has taken over the years, including many wild orchids from Pennsylvania but also many other states as well.

Travel Directions: From 422 East, travel west on Cumberland Street and turn left onto South 5th Avenue. Continue on South 5th Avenue to Walnut Street and turn left.

Travel east on Walnut Street to 701 East Walnut Street. The Hebron Banquet Hall is located on the left.

From 422 West, travel east on Walnut Street to 701 East Walnut Street. The Hebron Banquet Hall is located on the left.

THE COST OF THE EVENING IS: \$25.00 for Adults

NAME: _____ TELEPHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____

ZIP: _____

NUMBER OF ADULTS: _____ AMOUNT ENCLOSED: \$ _____

Please send this slip and your check, payable to The Quittapahilla Audubon Society or (QAS) to:

Jo Ann Yeagley

121 Swatara Circle

Jonestown, Pa 17038

YOU MUST HAVE RESERVATIONS MADE BY May 10, 2025

– refunds cannot be made after the deadline –



1 - Jeanene Meyer
1410 Elm Street
Lebanon, PA 17042

2 - PJ Copenhaver
1203 Heritage Avenue
Lebanon, PA 17046

3 - Sue Ann Houser
6124 Sawgrass Court
Harrisburg, PA 17111

6 - Orpha Meashey
1098 East Lehman Street
Lebanon, PA 17046

7 - Vanessa Von Seggern
126 Saint Francis Drive
Lebanon, PA 17042

8 - Jack Derfler
598 East High Street
Lebanon, PA 17042

Donna Reinbold
2901 Old Tunnel Hill Road
Lebanon, PA 17046

10 - Timothy Huggins
602 Blueberry Lane
Lebanon, PA 17046

17 - Peggy Kohr
371 North 5th Street
Lebanon, PA 17046

24 - Heidi Gerver
235 South 1st Avenue
Annville, PA 17003

W. Ross Young
54 Wheatfield Circle
Lebanon, PA 17042

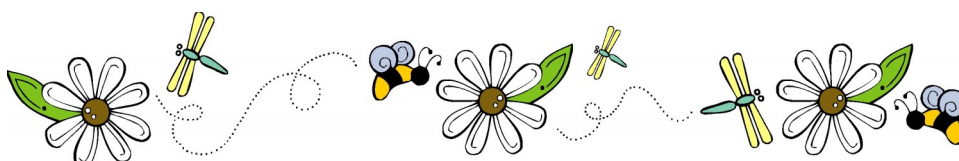
27 - Joette Hollinger
1031 Alden Way
Lebanon, PA 17042

29 - Nancy Brightbill
1108 Alden Way
Lebanon, PA 17042

Olivia Young (*celebrating her 15th birthday*)
54 Wheatfield Circle
Lebanon, PA 17042

31 - Marilyn Fellin
105 Ticonderoga Road
East Petersburg, PA 17520

Please consider sending a card or giving them a phone call to celebrate their special day.



Woven WITH Gratitude

Handicrafts can spark appreciation for simple items. Weave this basket as a gift.

What you need:

- Paper plate
- Pencil
- Scissors
- Yarn (different colors)

What you do:

1. In the center of the plate, trace something round. Draw 9 lines (evenly spaced) from the circle to the plate's edge.
2. Cut along each line, stopping at the center circle. Trim more of the plate off so the cuts make a gradual V shape.
3. Fold the plate's sides upward to form basket sides. Keep these upright as you weave a bowl-shaped basket.
4. Begin weaving a length of yarn at the circle's base. Hold the end of the yarn in place as you spread the length over and under each side of the plate.
5. Switch colors to make a pattern. Keep the yarn tight as you weave up the sides.
6. To finish, bend down any remaining paper. Leave a tail of yarn and tuck it under a woven portion. Share your craft with a friend!

Teatime treat



Make these sweet sandwiches for a Mother's Day tea party.

What you need:

- 4 oz. cream cheese, softened
- 1 cup heavy cream
- 3 Tablespoons powdered sugar
- 1 teaspoon lemon juice
- 6-10 strawberries, washed and sliced
- 6 slices of white bread
- Cellophane
- Adult help



What you do:

1. With an electric mixer, whip the cream cheese in a bowl until fluffy.
2. Add cream, powdered sugar, and lemon juice. Continue whipping on high speed until mixture is stiff.
3. On each slice of bread, spread a layer of the mixture. Then arrange some sliced strawberries on top.
4. Place the sandwiches together, with filling on the inside.
5. Wrap tightly in cellophane. Chill for two hours so the filling sets.
6. Trim off crusts with a serrated knife. Cut sandwiches in squares or triangles. Serve and enjoy!



Worship

Lectionary Readings

Sunday, May 4

3rd Sunday of Easter

Acts 9:1 - 6 [7 - 20]

Psalm 30

Revelation 5:11 - 14

John 21:1 - 19

Sunday, May 25

6th Sunday of Easter

Acts 16:9 - 15

Psalm 67

Revelation 21:10, 22 - 22:5

John 14:23 - 29

Sunday, May 11

WELCA Thankoffering

Ruth 1:7 - 16

Psalm 23

Acts 9:36 - 43

John 10:22 - 30

Sunday, June 1

7th Sunday of Easter

Acts 16:16 - 34

Psalm 97

Revelation 22:12 - 14, 16 - 17, 20 - 21

John 17:20 - 26

Sunday, May 18

5th Sunday of Easter

Acts 11:1 - 18

Psalm 148



Revelation 21:1 - 16

John 13:31 - 35





May 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																										
EVERY SUNDAY: 9:00AM Service of Holy Communion 10:30AM Sunday School	 DAY CARE MONDAY - FRIDAY 5A-6P	Look Ahead June 2025 8 Pentecost 14 Flag Day 15 Father's Day 20 Summer Begins	<table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr></table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						1	2	3
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4	5 6P PRAISE RINGERS 6P LEBANON COUNTY CHORAL SOCIETY 7P PSALM RINGERS 7P PROPERTY COMMITTEE	6 7P QUITAPAHILLA AUDUBON SOCIETY BOARD MEETING 7P SENIOR CHOIR	7	8  6:30P EXECUTIVE MTG 7P CHURCH COUNCIL	9	10  3P HARMONIA MUSIC ASSOCIATION CONCERT																																										
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18  3P LEBANON COUNTY CHORAL SOCIETY CONCERT	19  6P PRAISE RINGERS 7P PSALM RINGERS	20  NOON MEAL @LCCM 7P SENIOR CHOIR	21  5:30P MENTOR A MOTHER MEETING 6P WELCA	22	23	24																																										
25	26  OFFICE CLOSED	27	28	29	30																																											